



Dal



ERGONOMIC SEATING

AT ITS BEST

ErgoSelect®, a superior range of ergonomic office chairs. Extensive testing, research and trials have led to the development of the ErgoSelect® range, designed with the health and well being of the user in mind.

One of the unique features of ErgoSelect® is the availability of ergonomic choices and customised options which allow the user to style a chair to their personal seating requirements and enjoy an enhanced seating experience.

ErgoSelect® Stride chairs are fully customisable with a choice of seat and back sizes, arms and wide range of upholstery options.

TEN YEAR
WARRANTY*

160KG
GUARANTEE*







BUILD YOUR OWN CHAIR

So which options do you choose? – Some options like gaslift height, seat size and back height can be determined by your size, or your working situation. Other options like mechanisms and backs are more personal and relate more to how you prefer to work.

Backrests:

Upholstered or Mesh?

Spark & Stride backs are all fully upholstered and fitted standard with a lumbar pump. This allows you to change the shape of the backrest to give you support where you need it.

Swift backs are mesh, so they breathe better and offer a different type of support that moulds to your back.

Seat foam:

Seat foam?

ErgoSelect® Stride chairs have a choice of 3 seat types:

Moulded contoured foam seat as standard, with a choice of 3 sizes.

Gelteq G1 contoured memory foam in 3 sizes, maintaining the style and shape of the standard seat but with a slow release memory foam.

Gelteq G2 seat with a flat memory foam in 5 sizes, the flat shape allows you to sit in any position on the seat.

Seat size

Seat sizes?

The choice of seat sizes on ErgoSelect® Stride chairs gives you the option of the ever popular contoured seats in either standard moulded foam or G1 Gelteq memory foam in small, medium and large you can get the size that suits you.

Or for even more choice the flat G2 Gelteq seat comes in 5 sizes with the addition of an extra small and extra large seat.

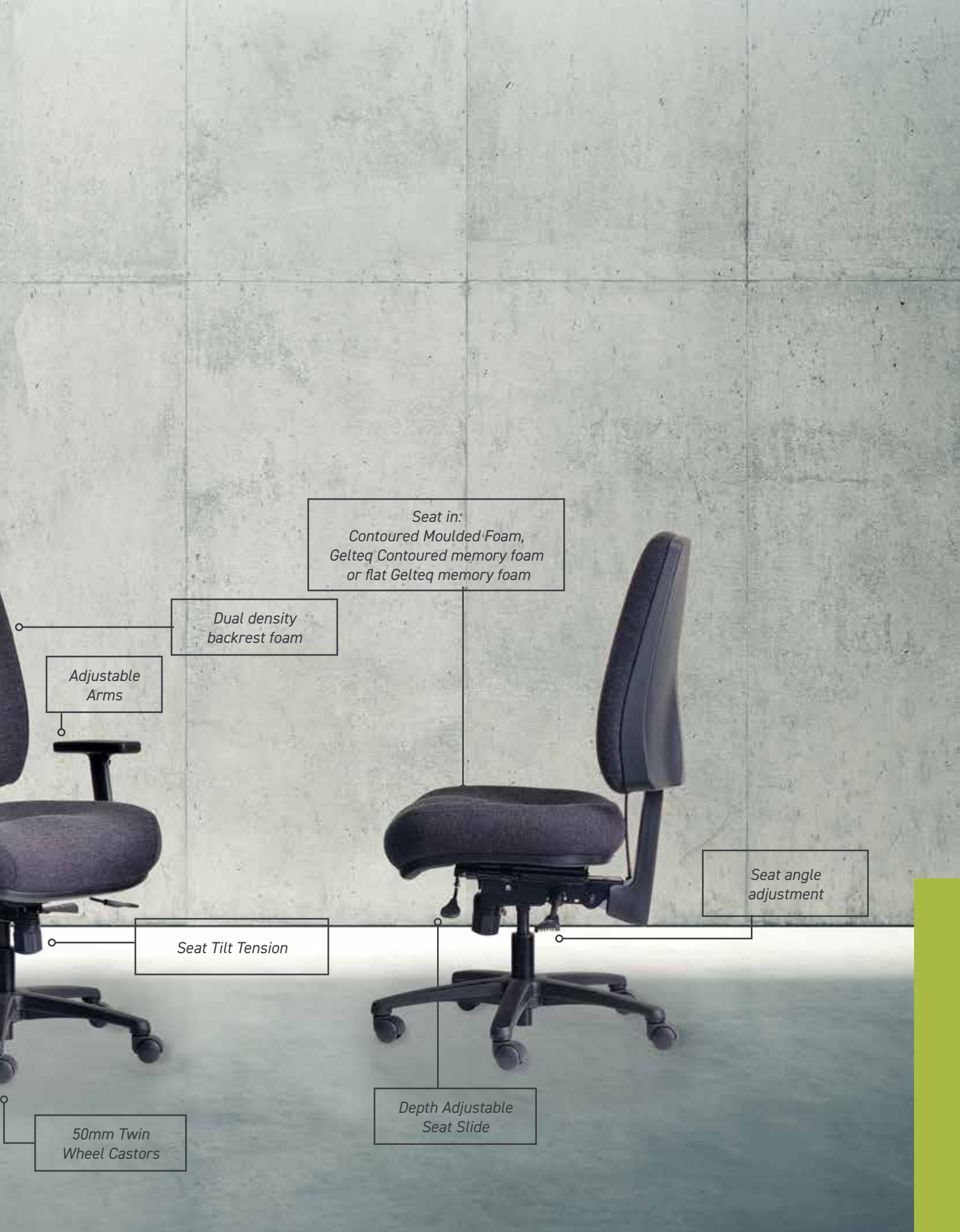


EASILY ADJUST
TO SUIT YOUR
WORKING STYLE



FEATURES





Seat in:
Contoured Moulded Foam,
Gelteq Contoured memory foam
or flat Gelteq memory foam

Dual density
backrest foam

Adjustable
Arms

Seat angle
adjustment

Seat Tilt Tension

Depth Adjustable
Seat Slide

50mm Twin
Wheel Castors



BACK HEIGHT

Simply lift the backrest, one click at a time, the nine different positions offer a full 80mm of adjustment to suit individual lumbar and back needs.

SEAT TILT

Easily move from one sitting posture to the next by simply changing the seat angle, the seat tilt tension adjustment controls how the tilting reacts to your body.



SEAT HEIGHT

Gaslift seat height adjustment is essential for different size people, different working situations and for changing your posture during the day.



BACK ANGLE

It's really important to change your posture during the day, changing the backrest angle is simple, just lift lever to unlock it, allowing the backrest to follow your movements until you lock in the "next position".

SEAT DEPTH

Sometimes called a seat slide, it is another really important adjustment, slide the seat forward or back to suit your leg length.

BRINGING MOVEMENT TO YOUR WORKPLACE



extra high back & xl seat
AA5-3S4-X6J



high back & ergo seat
BB5-3S4-X6J



LUMBAR PUMP
 The pump up lumbar support is one of the most sought after features in the ErgoSelect® range. Easily operated from the seated position, this give you the ability to actually change the shape of the backrest. Added to the other standard adjustments on the chair, it takes personal customisation to a new level.



ErgoSelect® SPECIAL OPTIONS

These options are additional to the standard models, and have been included to meet the needs of particular end users.

Coccyx cut out

All ErgoSelect® seats can be supplied with a coccyx cutout, this is most beneficial where the user has a need for a seat with reduced pressure on the coccyx.

200mm gas lift

Useful for those looking for a higher chair or to use the chair as a perching stool.

Drafting kit

Complete with 265mm gas lift and adjustable footring, having gas lift and adjustable back/seat depth with ratchet height adjustable backrest. Can be fitted to all Stride, Spark and Swift seat and back combinations.

3 seat foam options **gelTEQ**

ErgoSelect® Stride has 3 seat foam options: Normal moulded foam, Gelteq® G1 contoured foam & Gelteq® G2 Flat foam

Castor options

Castor options include pressure lock, pressure release and PU castors for hard floors.



mid back & small ergo seat
CC5-3S4-X6J



drafting mid back & small ergo seat
CC6-3X7-X7B



Tall 200mm Gas Lift



Coccyx Seat



SPECIFICATIONS

ErgoSelect® Stride Chair Dimensions standard moulded foam

Dimensions for 3 lever mech with seat slide	Small Ergo Seat	Ergo Seat	XL Ergo Seat
1 Seat height – 100mm Gas Lift	450-550	450-550	450-550
1 Seat height – 140mm Gas Lift	480-620	480-620	480-620
1 Seat height – 200mm Gas Lift	590-790	590-790	590-790
1 Seat height – 265mm Gas Lift* must have drafting base 700 diam	670-920	670-920	670-920
2 Seat depth – from lumbar F, no seat slide	410	440	470
2 Seat depth from lumbar F with seat slide	400-450	430-480	460-510
3 Seat depth overall	450	480	510
Seat slide adjustment range	50	50	50
4 Seat width overall	480	510	540
5 Armrest height above seat	130-210	130-210	130-210
6 Width between armrests	450	480	510
7 Length of arm pad	230	230	230
8 Width of pad on armrests	80	80	80
Range for 3 lever mechanism	Forward	Backward	
Seat tilt angle	-5°	+6°	
Back tilt angle	-9°	+7°	
	Stride Mid Back	Stride High Back	Stride Extra High Back
9 Height of backrest	460	510	575
10 Height of chair overall, 100mm gas lift	880-1020	930-1070	965-1135
11 Height of backrest above seat	430-510	480-560	545-625
12 Height of forward-most point of backrest F	100-180	100-180	100-180
Ratchet back height adjustment range	80	80	80
13 Width of backrest	445	445	445
	Black Nylon	*Black Nylon Drafting	Footring
14 Base Diameter	640	700	450



ErgoSelect® Stride Chair Fabrics

Dal Apollo black



Wortley Conrad fabric





gelTEQ

ErgoSelect® Stride
with Gelteq®
Dimensions for
Gelteq® G1 & G2 seat
options are available
on our web site

See web
site for
image library
and
"Take a Seat"
video

TEN YEAR
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160KG
GUARANTEE*
KG

* See web site for full warranty and guarantee details



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Issue 3